



FARID SHOKROLLAHI

WATERSPORTS INSTRUCTOR

WORK EXPERIENCE

- ❖ 22 years experiences in the watersports field
- ❖ Swimming instructor and lifeguard at Iran Air sport club
(2012-2018)
- ❖ Cooperation with Zharfaye Caspian Diving Institute as CMAS scuba diving instructor & coordinator *(2010-2017)*
- ❖ Cooperation with Setareye Khazar Diving Institute as CMAS scuba diving instructor & coordinator *(2008-2018)*
- ❖ Swimming instructor at enghelab sport complex, Tehran-Iran
(2010-2012)
- ❖ Watersports site planing and programming in Bandar Anzali Free Zone, Gilan-Iran *(2009-2010)*
- ❖ Swimming instructor in saba program-ministry of education
- ❖ Lifeguard team trainer & Team leader-IRIB Complex, Zibakenar, Gilan-Iran *(2003-2009)*

EDUCATION

- Open Water Lifesaving Grade 2 / Pool Lifesaving Grade 2
- Sailing (Canoe – Kayak)
- Scuba Diving CMAS 1star/2star Coaching
- Swimming Coaching

SPORTS RESUME

ABOUT

Watersports Instructor with 22 years of experience in the Swimming, Lifesaving, Canoe & Scuba Diving

CONTACT

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PROFICIENCY & SKILLS

Swimming / Lifesaving / Scuba Diving / Canoeing / Jet Ski





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SPORTS RESUME

SOFTWARE SKILLS

All Microsoft Office Softwares,
Web Designing, Graphic,
Electrical & Electronics
Softwares

ACTIVITIES / HOBBIES

DIY, Electrical & Electronics,
AI, IoT Computer & IT,
Network, Watersports
Activities, Travel, Playing
keyboard, Reading a book,
Daily exercise

MEMBERSHIPS

- Member of IRAN AIR (Homa) official swim team as swimmer
(2012 – to the present)
- Malavan (Navy) youth team of canoeing membership
- Port & Shipping Organization team of canoeing membership

CERTIFICATIONS

- ✓ Pool Lifeguard certification-Iran Lifesaving & Diving Federation
- ✓ Open Water lifeguard certification-Iran Lifesaving & Diving Federation
- ✓ Swimming instructorship Certification-Iran Swimming Federation
- ✓ Scuba Diving certification (2 stars)-World Underwater Federation (CMAS), Italy





SPORTS RESUME

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AWARDS

- Silver medal and gold medal championship cup *(2 years)*
- Silver and Gold Medal of Iranian Students' Singing Championships *(3 years)*
- Bronze Medal of Iran's Municipal Swimming Championship *(5 years)*
- Gold Medal of Iran's Civil Servants and Organizations *(6 years)*
- Medal of the Championship of Tehran Municipality *(2 years)*
- Championship in Iran's Rescue Games *(1 year)*
- Various grades and medals in national swimming competition of Iran Colleges

LANGUAGES

